



Harwich Council on Aging Lunch Program Request – FEBRUARY

Names _____

Phone Number _____ (required)

Limit One Meal Per Person – MUST SIGN UP WITH AT LEAST 24 HRS NOTICE OF YOUR DESIRED MEAL

Mon 2/2	Egg Salad Sandwich	# of meals _____	Grab&Go ONLY
Tues 2/3	Stuffed Shells & Salad	# of meals _____	Grab&Go or Dine In (please circle)
Wed 2/4	BLT Pasta Salad	# of meals _____	Grab&Go or Dine In (please circle)
Thurs 2/5	Pulled Pork Sandwich	# of meals _____	Grab&Go or Dine In (please circle)
Fri 2/6	Mac & Cheese and Salad	# of meals _____	Grab&Go or Dine In (please circle)
Mon 2/9	BLT Pocket	# of meals _____	Grab&Go ONLY
Tues 2/10	Grilled Pesto/Tom/Cheese Sandwich	# of meals _____	Grab&Go or Dine In (please circle)
Wed 2/11	Chicken Patty Sandwich	# of meals _____	Grab&Go or Dine In (please circle)
Thurs 2/12	Cheeseburger	# of meals _____	Grab&Go or Dine In (please circle)
Fri 2/13	No Lunch Today – Men's Breakfast 9:30am – (Registration required. Please Call 508-430-7550)		
Mon 2/16	COA CLOSED – PRESIDENTS DAY		
Tues 2/17	Grilled Ham/Swiss & Tomato Soup	# of meals _____	Grab&Go or Dine In (please circle)
Wed 2/18	Hot Roast Beef Sandwich	# of meals _____	Grab&Go or Dine In (please circle)
Thurs 2/19	Chicken Ceasar Salad	# of meals _____	Grab&Go or Dine In (please circle)
Fri 2/20	Pizza and Salad	# of meals _____	Grab&Go or Dine In (please circle)
Mon 2/23	Turkey/Stuffing/Cranberry Sauce	# of meals _____	Grab&Go ONLY
Tues 2/24	Shepards Pie	# of meals _____	Grab&Go or Dine In (please circle)
Wed 2/25	Fried Chicken	# of meals _____	Grab&Go or Dine In (please circle)
Thurs 2/26	American Chop Suey	# of meals _____	Grab&Go or Dine In (please circle)
Fri 2/27	No Lunch Today – Women's Breakfast 9:30am – (Registration required. Please Call 508-430-7550)		

Insert Form This Way!!!

